

Full Report (All Nutrients) 45053046, COOK & SERVE CHICKEN MARSALA, UPC: 041497046386

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	5.0 oz 140g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	130	93
Protein	g	--	--	11.00	7.86
Total lipid (fat)	g	--	--	6.01	4.29
Carbohydrate, by difference	g	--	--	7.99	5.71
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	4.00	2.86
Minerals					
Calcium, Ca	mg	--	--	20	14
Iron, Fe	mg	--	--	0.71	0.51
Sodium, Na	mg	--	--	570	407
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.498	1.070
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	29	21

Amino Acids

Other

Ingredients

COOKED CHICKEN TENDERS (CHICKEN TENDERS, WATER, MARINADE [SUGAR, SOUR CREAM POWDER, UNMODIFIED FOOD STARCH (TAPIOCA, POTATO),. SODIUM PHOSPHATES, SALT, GARLIC POWDER, SPICES, ONION POWDER]), MARSALA SAUCE (WATER, CRIMINI MUSHROOMS, PORTABELLA MUSHROOMS, MARSALA WINE, BEEF FLAVOR [ROASTED BEEF INCLUDING BEEF JUICES, SALT, FLAVORING, POTATO FLOUR, CARAMEL COLOR, CORN OIL, PAPRIKA], WAXY RICE STARCH, SUGAR, CANOLA OIL, ONIONS, CHICKEN FLAVOR [CHICKEN MEAT INCLUDING CHICKEN FLAVOR [CHICKEN MEAT INCLUDING CHICKEN JUICES, SALT, POTATO FLOUR, FLAVORINGS, CARROT POWDER, TURMERIC], TOMATO PASTE [TOMATOES], UNSALTED

BUTTER, [PASTEURIZED CREAM], SOY, LACTIC ACID, SODIUM BENZOAT: LESS THAN 1/10 OF 1% AS A PRESERVATIVE], GRANULATED GARLIC, LEMON POWDER [CORN SYRUP, LEMON JUICE, WITH ADDED LEMON OIL], SPICES, CITRIC ACID). *Date Last Updated by Company:* 08/14/2014